

SINAI JEWISH PRIMARY MENU WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
MAIN MEAL	MEAT FREE MONDAY Jacket potatoes with fillings Or Wraps with fillings Or Rice, pasta or cous cous dishes	Chicken Sausage Vegetarian sausages (v) Mash potato Gravy Green Beans	Beef Bolognese Vegetarian Bolognese (v) Spaghetti Broccoli	Fish and Chips Veggie Nuggets (v) Chips Baked beans	Beef Hotdogs Veggie Hotdogs (v) With onions
SERVED DAILY	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads
DESSERT	Vanilla cake and custard	Fruit Salad	Trifle	Oranges	Short Bread

2017/2018

MENUS SUBJECT TO CHANGE DUE TO THEMED DAYS AND PRODUCT DELIVERY ISSUE

SINAI JEWISH PRIMARY MENU WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
MAIN MEAL	Chicken wrap Vegetable wrap Cauliflower & Broccoli	Chicken Curry Vegetable Curry (v) Rice Mixed Vegetables	Beef Meatballs Quorn Meatballs (v) Cous Cous Baby Carrots	Roast Chicken Roasted Vegetables(v) Roast potatoes Sweetcorn/peas	Tuna pasta Pesto Pasta (v) Mixed Salad
SERVED DAILY	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads
DESSERT	Bread and butter pudding and custard	Mixed Fruits	Chocolate Crispies	Melons	Oranges

2017/2018

MENUS SUBJECT TO CHANGE DUE TO THEMED DAYS AND PRODUCT DELIVERY ISSUES

SINAI JEWISH PRIMARY MENU WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
MAIN MEAL	MEAT FREE MONDAY Jacket potatoes with fillings Or Wraps with fillings Or Rice, pasta or cous cous dishes	Cottage Pie Vegetable Pie Mash Mixed Vegetables	Chicken Shawarma Falafels Pitta Bread Sweetcorn	Turkey Schnitzel Veggie Schnitzel (v) Rice Coleslaw	Beef Burgers in a Bap Veggie Burger in a Bap (v) With onions
SERVED DAILY	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads
DESSERT	Fruit Platter	Cookies	Fruit salad	Chocolate Cake and sauce	Oranges

2017/2018

MENUS SUBJECT TO CHANGE DUE TO THEMED DAYS AND PRODUCT DELIVERY ISSUES

SINAI JEWISH PRIMARY MENU WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
MAIN MEAL	Beef Lasagne Vegetable Lasagne Carrots and peas	Chicken Goujons Veggie Goujons (v) Chips Peas	Beef Bolognese Vegetarian Bolognese (v) Spaghetti Broccoli	Roast Turkey Spanish omelette (v) Roast new potatoes Sweetcorn	Sliced Meats in buns Veggie Salami in buns (v) Israeli Salad
SERVED DAILY	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads	Sandwiches with a selection of fillings JACKET POTATOES Selection of Salads
DESSERT	Fruit salad	Flap Jack	Fruits	Apple Crumble and custard	Grapes

2017/2018

MENUS SUBJECT TO CHANGE DUE TO THEMED DAYS AND PRODUCT DELIVERY ISSUES