

KRAV MAGA LESSONS EXCLUSIVELY FOR KIDS!



IN OUR CLASSES YOUR CHILDREN WILL LEARN NOT ONLY HOW TO DEFEND THEMSELVES,
BUT ALSO VALUABLE LIFE SKILLS IN A FUN
AND CONTROLLED ENVIRONMENT.

BULLY-PROOF YOUR CHILDREN AND HELP THEM DISCOVER THE CONFIDENCE THEY NEED!

TRAINING BENEFITS:

- Improves self-esteem
- Increases physical and mental strength
- Provides confidence and discipline
- Improves ability to focus
- Teaches respect
- Gives your child safety and security
- Improves agility and flexibility
- Fitness and healthy lifestyle
- Many more..



Moblie: 07908628222 (Ben)
Email: info@KravMagaUR.com
www.KravMagaUR.co.uk
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**First session of the new term will commence on Monday the 8th of
January 2018.**

Sinai School - Monday & Tuesday at 16.15 - 17.15 (in the main gym).

Prices for the term:

Monday group- £88 (11 sessions)

Tuesday group- £80 (10 sessions)

Free trial session for new members.

For more information please contact us on:

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